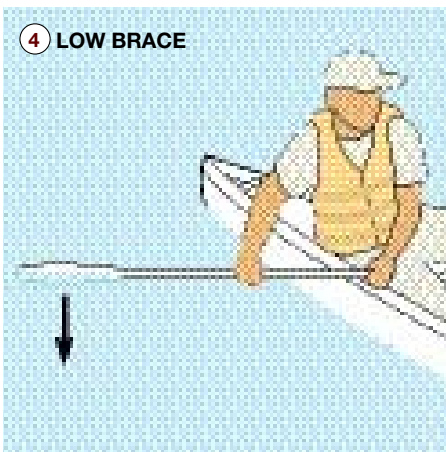
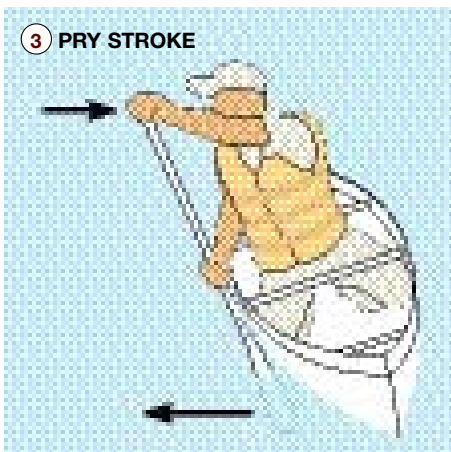
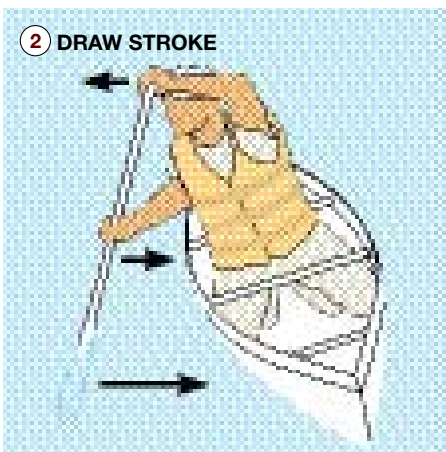
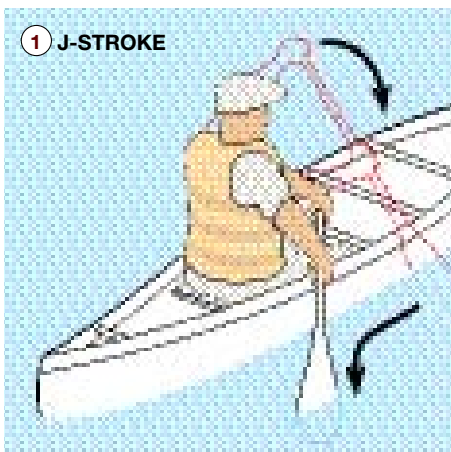


Row Your Boat

The four strokes every paddler needs to know

» River or lake, a canoe can be your ticket to reach great fishing this summer, and great hunting in the fall, too. These four paddle strokes will get you there and back with efficient style.



1 J-STROKE

WHY: To keep the canoe moving in a straight line.

HOW: Toward the end of your stroke, turn the thumb of your top hand away from your body. Finish by pushing the blade away slightly.

2 DRAW

WHY: To move the canoe toward the paddle side.

HOW: Keeping your top hand as high as possible, extend the blade far from the canoe and draw it through the water in a short, powerful, inward stroke.

3 PRY

WHY: To move the canoe away from the paddle side.

HOW: Turn the blade parallel to the gunnel and slide it under the canoe. Pry the paddle blade at an angle perpendicular to the boat.

4 LOW BRACE

WHY: To stabilize a tilting boat.

HOW: Reach out with the paddle horizontal to the water and perpendicular to the boat, both hands below your chest. Smack the water and push down quickly and powerfully.